SUPPLEMENT FACTS

PORTION SIZE: 2 TABLETS | **PORTIONS PER CONTAINER:** 60

Content	per portion (2 tablets)	%NRV* per portion
Vitamin A	266 µg	33%
Vitamin C	120 mg	150%
Vitamin D	10 µg	200%
Vitamin K	60 µg	80%
Vitamin E	20 mg	166%
Vitamin B1	2,8 mg	254%
Vitamin B2	3,2 mg	228%
Niacin	36 mg	225%
Pantothenic Acid	12 mg	200%
Vitamin B6	4,1 mg	293%
Folic acid	400 µg	200%
Vitamin B12	2 µg	80%
Biotin	30 µg	60%
Calcium	409 mg	51%
Magnesium	200 mg	53%
Iodine	100 µg	66%
Iron	8 mg	57%
Selenium	50 µg	90%
Zinc	10 mg	100%
Copper	1 mg	100%
Manganese	2 mg	100%
Chromium	50 µg	125%
Molybdenum	50 µg	100%

**NRV: Nutrient Reference Values of an average adult.*

Allergen information: Made in a facility that uses gluten, milk, soy, egg and nuts.

SUPERIOR14

DISTRIBUTOR:
SUPERIOR 14 SUPPLEMENT CORLIV PRODUCTION KFT, JÓZSEF ATTILA UTCA 4-6., 1042 BUDAPEST, HUNGARY

SUPERIOR14®

TRAIN LIKE A LEGIONARY RISE LIKE THE LEGION

LEGIO XIV. GEMINA M.V.

MULTI VITAMIN

FOOD SUPPLEMENT | 60 PORTIONS

MULTIVITAMIN FORMULA PROVIDES 13 VITAMINS & 10 MINERALS

166 NET WT. GRAMS | 120 TABLETS

MULTIVITAMIN

13 VITAMINS AND 10 MINERALS CONTAINING MULTIVITAMIN FOOD SUPPLEMENT TABLET. Vitamin B1 contributes to normal functioning of the **nervous system.** Vitamin A contributes to the maintenance of **normal vision.** Vitamin B12 contributes to **normal psychological function.** Vitamin B6 contributes to the **reduction of tiredness and fatigue.** Vitamin C contributes to the normal function of the **immune system.** Vitamin D contributes to the maintenance of **normal teeth.** Vitamin K contributes to the maintenance of **normal bones.** Vitamin B6 contributes to the reduction of tiredness and fatique. Vitamin C contributes to the normal function of the **immune system.** Vitamin D contributes to the maintenance of normal teeth. Vitamin K contributes to the maintenance of normal bones. **Ingredients:** Bulking agent (Cellulose), Calcium carbonate, Calcium salts of orthophosphoric acid, Magnesium oxide, L-ascorbic acid, Coating agents [Glazing agent (polyvinyl alcohol), colours (Calcium carbonate, Indigo carmine, Carmine), Anti-caking agent (Talc), Bulking agent (Cellulose), Emulsifier (Mono-and Diglycerides of fatty acids)], Anti caking agents (Magnesium salts of fatty acids, Silicon dioxide), DL-alpha-tocopheryl acetate, Nicotinamide, Ferrous fumarate, D-pantothenate, Calcium, Zinc oxide, Manganese sulphate, Pyridoxine hydrochloride, Cholecalciferol, Cupric sulphate, Thiamin hydrochloride, Riboflavin, Retinyl acetate, Cyanocobalamin, Phylloquinone, Chromium picolinate, Pteroylmonoglutamic acid, Potassium iodide, Sodium molybdate, Sodium selenite, D-biotin. **Instructions for use:** Take 2 tablets daily with plenty of water or other liquid. **Warnings:** Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Do not exceed the recommended dosage! Keep out of reach of children. **Best before:** see the date indicated on the bottom of the bottle. **Storage conditions:** Store bottle tightly closed between 5-30°C. Keep away from direct heat, moisture and sunlight. Do not store for more than 6 months after opening.

NEW DESIGN SAME STANDARDS

203823

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166 NET WT. GRAMS

MADE IN EU

01 PET 05 PP 07 OTHER C/L/D/PE

NEW DESIGN SAME STANDARD